

## **Instructions for Esophagogastroduodenoscopy (EGD)**

- Arrange for transportation home in **ADVANCE**. You may **NOT** drive yourself home after the procedure.
- **Discontinue** aspirin or aspirin containing compounds, non-steroidal anti-inflammatory medicines, Coumadin (Warfin), Prasugrel (dipyridamole), Plavix, Ticlid or other blood thinning medications **3 to 5 days prior to your procedure** unless otherwise instructed.
- Iron supplements, and all weight reducing medications including over the counter stimulants 3 days prior to procedure.
- If you are diabetic on Metformin (Glucophage), **DO NOT** take this medication the day of the preparation.
- Take your usual heart, lung, blood pressure, and seizure medications with a small sip of water early in the morning the day of the procedure. (except the ones mentioned above.)
- **Be fasting nothing to eat or drink 8 hours prior to the procedure**